

RED, WHITE, *and* MOVE!

The Bountiful 250 Challenge: This summer, earn 250 points doing things you already love - moving your body, feeding your mind, and connecting with your community. Track points, hit your goal .What's your 250?

MAY 16 10 AM	BOUNTIFUL COMMUNITY GARDEN Kick-off event and planting	20 PTS
MAY 30 10 AM	FAMILY FRIENDLY HIKE & watch plein-air artists in MP Canyon	20 PTS
JULY & AUGUST	GUIDED HIKES AND MOUNTAIN BIKE RIDES	25 PTS
JUNE 15 9 AM	BLOOD DRIVE Lakeview Hospital Blood Drive	20 PTS
JUNE 30 10 AM	CONCERT IN THE PARK with prizes and snacks	20 PTS
JULY 2 6:15 PM	CHILDREN'S BIKE PARADE Bountiful Town Square	25 PTS
JULY 25 5:30 AM+	SDCR HANDCART DAYS 10k, 5k, or 1k	20 PTS
AUG 6 7:30 PM	SUMMERFEST EVE DANCE PARTY Bountiful Town Square	20 PTS
SEPT 7 6:00 AM	SDRC LABOR DAY TRIATHALON on the 250 th day of 2026!	30 PTS

...and many more! Find your next adventure HERE:
BOUNTIFULUTAH.GOV/AMERICA250



If you reach the 250-point goal, you'll be eligible for prizes including annual and day passes to the South Davis Recreation Center, along with additional prizes to be announced.

[See following pages for full Red, White, and Move details >>](#)

BOUNTIFUL COMMUNITY GARDEN EVENTS

at 90 West 2100 South

GRAND OPENING & GARDENING WORKSHOP

May 16th @ 10 am

VOLUNTEER DAY

May 30th @ 10 am

GARDENING WORKSHOP

June 13th @ 10 am

GARDENING WORKSHOP

July 18th @ 9 am

VOLUNTEER DAY

August 1st @ 9 am

GARDENING WORKSHOP

August 15th @ 9 am

VOLUNTEER DAY

August 30th @ 9 am

GARDENING WORKSHOP

September 19th @ 10 am



GARDENS
GROWING GOOD

AMERICA



UTAH
BOUNTIFUL CITY

RED, WHITE, *and* MOVE!

For more details, visit: <https://www.bountifulutah.gov/file/7e6e1164-641a-4c9c-80ad-ba711395b632>



FAMILY FRIENDLY HIKE

Plein Air Hike - Trail to Canvas

May 30, 2026
10 a.m. – 12 p.m.
Mueller Park Canyon
Kenny Creek Trail

Easy, scenic,
family-friendly hike

Watch local artists
painting en plein air

Public event
– open to all



AMERICA 250 | UTAH
BOUNTIFUL CITY

For more details, visit: <https://www.bountifulutah.gov/file/2e129c30-f281-4d0f-a6e0-22fb1a0b176b>

Join
US!

BOUNTIFUL BIKES & HIKES

12 GUIDED RIDES  AND HIKES 

#1: 

**THE "B" TO
HOLBROOK
CANYON**

6/6/26 @ 6 - 8 PM

#2: 

**MUELLER PARK
TO ELEPHANT
DESCENT**

6/12/26 @ 6 - 8 PM

#3: 

**KENNY CREEK
TRAILHEAD TO
MAPLE GLOW**

6/20/26 @ 6 - 8 PM

#4: 

**MAHOGANY
RIDGE TO RUDY'S
FLAT**

6/25/26 @ 6 - 8:30 PM

#5: 

**MAHOGANY
RIDGE TO CAVE
PEAK**

7/11/26 @ 7-9 PM

#6: 

**PEREGRINE TRAIL
RETURNING ON
MAPLE GLOW**

7/18/26 @ 7-9 PM

#7:  OR 

**SUMMERWOOD
SUNSET TRAIL**

7/24/26 @ 7-8 PM

#8:  OR 

**MUELLER PARK
CANYON TO BST**

7/31/26 @ 6:30 - 8 AM

#9: 

**HOLBROOK TO
CHRISTMAS TREE
FARM**

8/3/26 @ 6-9 AM

#10: 

**HOLBROOK
CANYON TO WARD
CANYON**

8/8/26 @ 6-10 AM

#11: 

**HOLBROOK
CANYON TO GREAT
WESTERN TRAIL**

8/22/26 @ 10 AM - 2 PM

#12: 

**NORTH CANYON
TO RUDY'S FLAT**

8/31/26 @ 6-10 AM

SEE FULL DETAILS AT [BOUNTIFULUTAH.GOV/AMERICA250](https://www.bountifulutah.gov/america250)

AMERICA  UTAH
BOUNTIFUL CITY

RED, WHITE, *and* MOVE!

For more details, visit: <https://www.bountifulutah.gov/file/7e6e1164-641a-4c9c-80ad-ba711395b632>

For more details regarding the Lakeview Hospital Blood Drive, call (801) 299-2200.

More information to come about Concert in the Park

★ KIDS' PATRIOTIC BIKE PARADE! ★



★ AMERICA 250 UTAH BOUNTIFUL CITY ★

DATE & TIME

★ JULY 2ND 6:15 P.M. ★

ROUTE & LOCATION

START: ★
100 E. FROM 200 N. TO 200 S. ★

★ KIDS OF ALL AGES INVITED! ★
★ BRING YOUR DECORATED BIKES! ★
★ SHOW OFF YOUR CREATIVITY & BIKE SKILLS! ★

★ ROUTE ENDS AT BOUNTIFUL TOWN SQUARE ★



JULY

24
FRI

5:00PM - 9:00 PM

Food, drinks, & games at Bountiful City Park

8:00PM - 9:30 PM

Free Concert at Bountiful City Park

25
SAT

5:30, 6:30, or 7:30 AM

Handcart Days Race - see South Davis Rec Center

9:00AM - 10:30 AM

Parade on Bountiful Main Street

10:00AM - 3:00 PM

Activities and demonstrations at Bountiful City Park

10:00PM - 10:30 PM

Fireworks at Mueller Park Junior High



For more details regarding the Summerfest Eve Dance Party, visit:

<https://www.bdac.org/summerfest>

For More details regarding the SDRC Labor Day Triathlon, visit:

<https://www.southdavisraces.com/labor-day-triathlon/>